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FLO-TECH[®] SOFTIESM Protocol Form:

Use in cases where protection at bed rest holds a higher priority than either impact protection or early or immediate post surgical ambulation.

This protocol will help maximize the protective, healing and rehabilitation qualities of the SOFTIESM and should be applied as early as possible after amputation.

1. Attach the OPTIONAL posterior strut (if ordered) at this time.
2. Apply a thin soft dressing as thick as the surgeon deems appropriate for the patient's condition and prognosis.
3. *Apply a 2 ply to 3 ply soft amputation sock.
 - a. Gently roll the sock to make application less stressful to the surgical site and less painful to the patient.
 - b. Apply non-allergenic skin glue (Hollister Medical Adhesive [Hollister also makes a solvent for removal]), if desired.
4. An optional reticulated pad is available from FLO-TECH[®] and should be applied at this point.
5. *Apply an outer 2 ply to 3 ply soft amputation sock to wick away moisture
 - a. Gently roll the sock to make application less stressful to the surgical site and less painful to the patient.
 - b. This sock should be changed 1 to 2 times a day.
6. Apply the FLO-TECH[®] SOFTIESM without the Neoprene socket bands to determine the proper interior allowance for the length of the residuum.
 - a. Apply the distal Neoprene Cap.
 - b. Insert a 1", 2" or both pads (equaling 3") to prevent edema.
 - i. Fill the space between the distal end of the amputated limb and the Neoprene cap at the distal portion of the socket.
7. Apply the Neoprene socket bands – snug NOT tight:
 - a. Apply the Distal Neoprene socket Band.
 - b. Apply the Neoprene Band at the knee area.
 - c. Apply the Neoprene thigh Band.
 - i. Be sure all exposed tissue is covered.
8. Remove the FLO-TECH[®] SOFTIESM 2 times per day.
 - a. Once in the AM and once in the PM.
 - i. Range the knee per Doctors orders and instructions from the Physical Therapist.
 - ii. Change outer sock if damp.

*FLO-TECH[®] carries pre-rolled Royal Knit Cool Max 2 ply amputation socks