



FLO-TECH[®] O & P Systems, Inc.
P. O. Box 462 - 7325 Halseyville Road
Trumansburg, New York 14886-0462
www.1800flo-tech.com

Phone: (800) 356-8324
Phone: (607) 387-3070
FAX: (866) 427-6777
E-mail: info@1800flo-tech.com

FLO-TECH[®] SOFTIE-TFSM Protocol Form:

Use in cases where protection at bed rest holds a higher priority than either impact protection or early or immediate post surgical ambulation.

This protocol will help maximize the protective, healing and rehabilitation qualities of the SOFTIE-TFSM and should be applied as early as possible after amputation.

1. Apply a thin soft dressing as thick as the surgeon deems appropriate for the patient's condition and prognosis.
2. *Apply a 2 ply to 3 ply soft amputation sock.
 - a. Gently roll the sock to make application less stressful to the surgical site and less painful to the patient.
 - b. Apply non allergenic skin glue (Hollister Medical Adhesive [Hollister also makes a solvent for removal]), if desired.
3. An optional reticulated pad is available from FLO-TECH[®] and should be applied at this point.
4. *Apply an outer 2 ply to 3 ply soft amputation sock to wick away moisture.
 - a. Gently roll the sock to make application less stressful to the surgical site and less painful to the patient.
 - b. This sock should be changed 1 to 2 times a day.
5. Apply the FLO-TECH[®] SOFTIE-TFSM without the Neoprene socket bands to determine the proper interior allowance for the length of the residuum.
 - a. Apply the distal Neoprene Cap.
 - b. Insert a 1", 2" or both pads (equaling 3") to prevent edema.
 - i. Fill the space between the distal end of the amputated limb and the Neoprene cap at the distal portion of the socket.
6. Apply the Neoprene socket bands – snug NOT tight.
 - a. Apply the Neoprene socket Band.
 - ii. Be sure all exposed tissue is covered.
7. Remove the FLO-TECH[®] SOFTIE-TFSM 2 times per day.
 - a. Once in the AM and once in the PM.
 - i. Range the hip per Doctors orders and instructions from the Physical Therapist.
 - ii. Change outer sock if damp.

*FLO-TECH[®] carries pre-rolled Royal Knit Cool Max 2 ply amputation socks